

05/03/23 2023 KZN Classic Powerlifting Championships

Women - Classic Powerlifting	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	Best Lifter	Place	IPF GL Points	Qual for SA
Open																				
	Elmarie van Oudtshoorn	GAU	F-O-U	90,00	84+	1995	140,0	150,0	0,0	75,0	0,0		180,0	-187,5	187,5	412,5	Best Open	1	75,96	Q

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Men - Classic Powerlifting	Name	Team	Div	Bwt - kg	IPF Wt CIs	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	Pl/Div/CIs/Event	Place	IPF GL Points	State
Junior																				
	Kevin Ferreira	KZN	M-J-U	129,80	120+	2003	170,0	190,0	210,0	110,0	120,0	135,0	200,0	220,0	-245,0	565,0	Best Junior	1	63,52	QJ
Open																				
	Cornelis Davel	KZN	M-O-U	90,80	93	1990	175,0	0,0		110,0	0,0		205,0	0,0		490,0		1	64,86	Q
	Keeran Nadas	KZN	M-O-U	104,00	105	1997	180,0	-200,0	-200,0	140,0	150,0	-160,0	-300,0	310,0	0,0	640,0	Best Open	1	79,37	Q
	William Thompson	KZN	M-O-U	111,20	120	1995	190,0	-210,0	220,0	130,0	140,0	150,0	190,0	210,0	230,0	600,0		1	72,15	Q
	Stefan Schroder	GAU	M-O-U	149,60	120+	1992	200,0	225,0	0,0	200,0	210,0	215,0	220,0	250,0	0,0	690,0		1	73,31	Q